



40 Kilometer Route

Starting at Sherwood Island

Measured in Miles

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Cue No.	Go X Miles	Mileage at Turn	Then Turn	At or Onto
1	0.0	0.0	S	exit park onto Sherwood Connector
2	1.3	1.3	R	Nyala Farms Rd
3	0.2	1.5	R	Greens Farms Rd
4	0.6	2.1	S	Beachside - cross I-95
5	1.5	3.6	R	becomes Pequot Ave at bridge
6	0.8	4.4	R	Westway Rd
7	0.2	4.6	L	Harbor Rd
8	0.1	4.7	L	Main St - around the planter
9	0.4	5.1	R	Pequot Ave
	0.2	5.3	BL	towards underpass
10	0.1	5.4	L	Mill Hill Rd
11	0.1	5.5	R	Bronson Rd
12	0.8	6.3	R	Mill Hill Terrace
13	0.2	6.5	S	becomes Sturges at stop sign
14	0.3	6.8	S	merge onto Bronson Rd
15	0.7	7.5	BR	Hillside Rd
16	0.8	8.9	R	Congress St
17	0.7	9.6	L	Burr St
18	1.9	11.5	L	North St
note				ROUTE SPLIT
19	1.0	12.5	L	Redding Rd
20	0.7	13.2	R	Catamount Rd

Cue No.	Go X Miles	Mileage at Turn	Then Turn	At or Onto
21	0.7	14.0	L	Merwins Ln
22	1.0	15.0	R	Cross Hwy
23	0.8	15.8	S	Under Merritt PW
24	0.1	15.9	BR	Cross Hwy
25	0.5	16.4	R	Bayberry Ln
26	0.2	16.6	R	REST STOP
27	---	16.6	L	Bayberry Ln
28	1.9	18.5	L	Long Lots Rd
29	0.4	18.9	S	Hulls Farm Rd
30	0.2	19.1	R	Ceder Rd
31	0.1	19.2	R	Hulls Hwy
32	0.4	19.6	R	Wakeman Ln becomes Old Rd
33	1.0	20.6	L	Maple Ave S
34	0.6	21.2	R	Clapboard Hill Rd
35	0.7	22.4	R	Morningside Dr
36	0.5	22.9	L	Hillandale Rd
37	0.5	23.4	S	at stop continue on Hillandale Rd
38	0.5	24.4	L	Hillspoint Rd
39	1.0	25.2	L	Greens Farms Rd
40	0.8	26.0	R	Sherwood Connector
41	0.8	26.8	S	Finish at Sherwood Island Park

